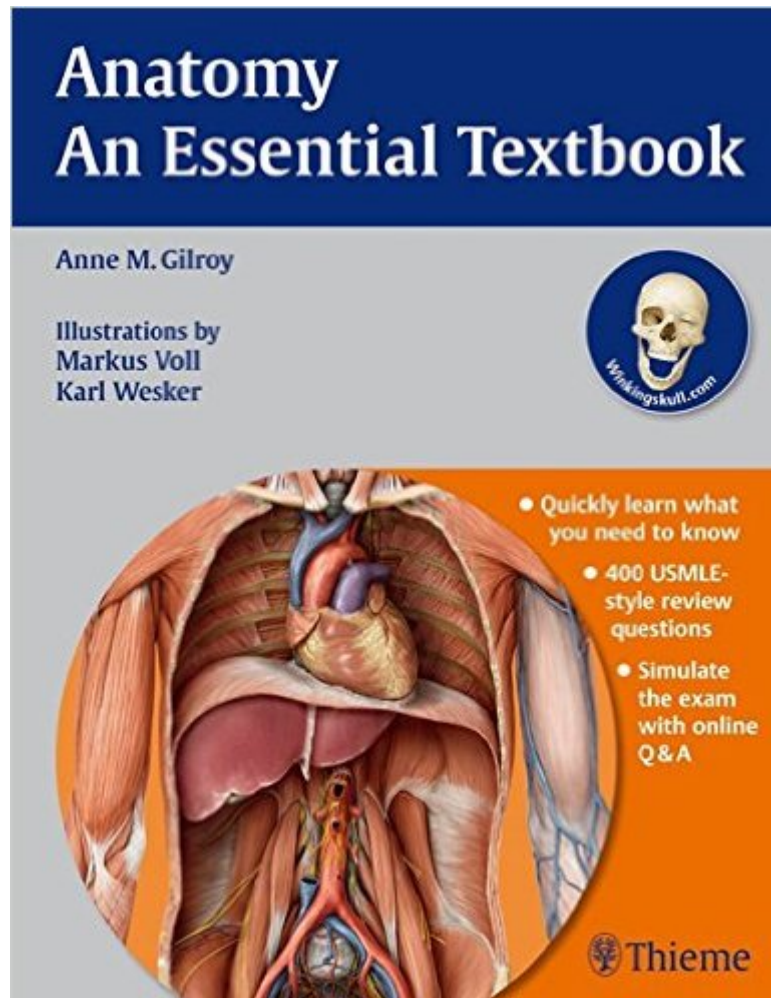


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# Anatomy: An Essential Textbook



## Synopsis

Highly rated by First Aid for the USMLE !Maximize your study time with Anatomy: An Essential Textbook !A total of 400 USMLE-style review questions with explanatory answers A streamlined, bullet point format to help you quickly learn essential facts and concepts 70 tables for quick review of crucial information More than 450 brilliant, fully labeled color illustrations from Thieme's acclaimed Atlas of Anatomy, including online access for study and self-testing with "labels-on, labels-off" Over 160 clinical correlates Focuses on the targeted information for USMLE success Students' praise for this textbook: If someone were to tell me I could only keep one anatomy text and/or atlas, this is the one I would choose. Really nice presentation of the information, I love the way the author makes it easier to understand and remember the anatomy [information]. This is really good for students and for specialists who want a nice review.

## Book Information

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## Customer Reviews

I'm a medical student, and I really struggled with anatomy. This book is really great to point out big picture concepts and some common clinical high-yield topics. I don't necessarily recommend it instead of a textbook, because it doesn't go into as many details about the anatomy or the clinical aspects, but it's great if you're like me, and you just need a really simple explanation. After reading this book, I finally understand the different types of nerves and the differences between the vertebra from one area of the spine to another. I also like that this book isn't too long. It's less overwhelming and has a good balance of pictures and text. The only thing that I would change is that I would color

code each chapter to make things easier to find. BOTTOM LINE: if you're struggling with medical anatomy and need a simplified approach, this book is essential for you. If you're doing fine with anatomy, or are a diehard Netter's fan, then pass this one up.

Amazing anatomy resource. A great, concise alternative to using a different textbook. In our curriculum, we used Clinically Oriented Anatomy as a textbook for our anatomy studies, but soon my fellow classmates discovered this text we dubbed "Gilroy" and soon, due to the text's affordable pricetag and colorful, thorough diagrams, everyone purchased this book and it has now become a staple in our curriculum. If you are frustrated by other anatomy textbooks, do yourself a favor and pick up this gem of a text. It will soon become your best friend if you are a medical student.

This is a really great book which I bought at the suggestion of a classmate. I find that the drawings in this book much better portray the spatial relationships of the muscles and structures than my other books like Netter or Rothen's. In other words, the "3D" effect of the anatomy is better in this one. I also found the origin/insertion/action/innervation charts highly useful, which is something you don't get with a book like Netter's. Additionally, the drawings are less busy- there are fewer terms/things identified per drawing. The result is that it is much easier to approach the anatomy for the first time. The questions are decent; I prefer BRS anatomy for questions. There are good clinical correlates, but again I think BRS does a better job with those. I don't use this book by itself, but if someone were to tell me I could only keep one anatomy text and/or atlas, this is the one I would choose.

Move over, netters... Move over, anatomy tidbits in first aid! This book covers more than enough of the anatomy you need to know for Step, and presents it in a way that's hard to forget (e.g. The figures related to muscle/nerve groupings in the arm/leg, so you're memorizing the actual anatomy, not just a bulleted list of points in first aid). Best way to use it: do targeted anatomy Qbank questions, using two qbanks (e.g UWORLD and Kaplan). Flip through the relevant figures, read any of the nearby blue boxes, and perhaps browse through any text related to figures if you so desire. Maybe 2 days of targeted anatomy review total in my test prep, and I would also flip this book open whenever I get an anatomy question on random qbank days. I would say that I got about 15 anatomy questions on test day, and I felt very confident about each answer. Well worth the money for the boost in confidence on doomsday! Not worth doing the post-chapter review questions, though. Although they did have some good questions that pointed out topics that might have been

testable, many questions went too in depth for Step 1.

Really nice presentation of the information, i love the way the author made it easier to understand (in my case remember) some anatomy aspects. This is really good for students and for specialist who wants a nice review

This book is full of mistakes (both anatomical and grammatically), diagrams and descriptions are not organized in a logical fashion. The previous year's med school class had a better book, I don't know why they switched to this one.

I didn't use it much for my class, but it contains a lot of valuable information and detailed pictures. I'm a nursing student and plan to keep the book as a reference guide. The Thieme Anatomy Atlas compliments this book very well.

The writer is very good at making the anatomy visuals digestible. Images are clear and descriptions are concise and clear - easy to understand.

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